

THINK ABOUT WHAT'S ENOUGH

- ➤ Do You Apologize too much?
- ➤ Do You Smile all the time?
- ➤ Are You too easily Forgiving?
- ➤ Do You Accept Disregard?
- ➤ Do you suffer from misplaced loyalty?
- ➤ Do you have boundaries & use them?
- ➤ Do you speak up when things are lopsided?